



KEY LECTURER PROFILES
The Diploma in the Study of Integrative Medicine 2009-2011

FIM Director

Dr Rosy Daniel

Medical Director of the Integrated Health Trust and Director of the Faculty of Integrated Medicine Dr Daniel has co-written the Diploma with Dr Mark Atkinson and Dr Ruth Sewell. Dr Daniel is an IM consultant specialising in the support and empowerment of people with cancer, she was a founding member of the Prince of Wales' Foundation for Integrated Health steering group and was Medical Director of the Bristol Cancer Help Centre (1993-1999) and has since pioneered a proactive health coaching model for the prevention of illness and promotion of optimum health known as Health Creation for use by individuals and organisations.

BCIM Course Leader

Joy Darch

Joy is a Registered General Nurse with a particular interest in cancer care. Her clinical experience at ward management level was followed by practice development and education at a senior level as Nursing Development Coordinator at the Princess Margaret Hospital. She studied at Brunel University on the MSc Nursing Studies programme and is currently completing the MSc Health Studies Programme at Bath Spa University. She has been employed as a visiting lecturer at The University of West of England on the BSc Adult Nursing Branch and facilitated work based learning. Her passion and deep belief in Integrative Medicine was inspired by working for several years as patient helpline support at the Bristol Cancer Help Centre (now Penny Brohn Cancer Care). Joy has most recently been tutor, contributed to course development and been responsible for the general management of the UK's first DipSIM cohort.

BCIM Key Lecturers

Dr Mark Atkinson

Dr Atkinson is an Integrated Medicine Consultant specialising in drug-free approaches to mental health, addictions and emotional well-being. He is the founder of The Academy of Human Potential and Chairman of The British Society of Integrated Medicine.

Dr Michael Dixon OBE

Chair of the NHS Alliance since 1998, Michael is a senior associate of the Kings Fund and Medical Director of the Prince of Wales Foundation for Integrated Health. He also works as a GP in Devon at the Culm Valley Centre for Integrated Health. He is Honorary Senior Fellow in Public Policy at the Health Services Management Centre, Birmingham University; Honorary Senior Lecturer at the Peninsula Medical School and Visiting Professor at Westminster University.

Dr Damien Downing

Dr Damien Downing is President of the British Society for Ecological Medicine, Editor of the *Journal of Nutritional and Environmental Medicine* and Medical Director of the Alliance for Natural Health.

Dr Peter Fisher

Clinical Director and Director of Research at the Royal London Homoeopathic Hospital and Physician to Her Majesty The Queen, Dr Fisher chaired the WHO's working group on homeopathy and is a member of WHO's Expert Advisory Panel on Traditional and Complementary Medicine. He is Editor-in-Chief of *Homeopathy*, and is Clinical Lead of the UK's National Library for Health's on-line CAM Specialist Library and CAMLIS.

Professor Aviad Haramati

Professor Haramati, Ph.D., is a Professor in the Department of Physiology and Biophysics, as well as a Director of Education in the Departments of Physiology & Biophysics and Medicine. He is co-founder and co-director of Georgetown's Mini-Medical School program for the lay public. He is also Chair of the Committee on Complementary Alternative Medicine (CAM) and Integrative Medicine (IM) Curriculum.

Dr Kim Jobst

Dr Jobst is an Integrated Medicine Consultant specialising in investigation and management of acute and chronic medical problems, including dementia and neurodegenerative diseases. He was a founding member of the Prince of Wales' Foundation for Integrated Health steering group and is Editor-in-chief of the *Journal of Alternative and Complementary Medicine: Research on Paradigm, Practice and Policy*.

Simon Mills

Mr Mills graduated in Medical Sciences and trained with the National Institute of Medical Herbalists. He has taught widely and held positions on many professional boards, including the Herbal Medicines Advisory Committee, European Scientific Cooperative on Phytotherapy (ESCOP) and was President of the British Herbal Medicine Association 2004 -2006.

Professor David Peters

The UK's first Professor of Integrated Healthcare and a leading expert in CAM. He has trained as a GP, a homeopath and an osteopath, and currently serves as Clinical Director of the University of Westminster's Polyclinic and Editor-in-Chief of the BHMA journal *Holistic Health*.

Pat Pilkington MBE

Pat Pilkington the co-founder of the Bristol Cancer Help Centre with Penny Brohn where she continues to support and inspire patients on their spiritual healing and transformational journey.

Professor Nicola Robinson

Professor Robinson is Head of the Centre of Complementary Healthcare and Integrated Medicine (CCHIM). Her doctoral work was in immunology. She is a registered acupuncturist with the British Acupuncture Council and in 1993 she was given an Honorary Membership of the Faculty of Public Health Medicine for her contribution to epidemiology and health services research.

Professor Karol Sikora

Dean of the University of Buckingham Medical School, Medical Director of Cancer Partners UK and Honorary Consultant Oncologist at Hammersmith Hospital, London. Professor Sikora has been a long term supporter of integrated cancer care and has invited the creation of this course as he feels that there is an urgent need for effective holistic strategies in the treatment and prevention of disease as the NHS nears collapse under the ever increasing burden of lifestyle-related illness.

Professor Harald Walach

A research professor in psychology at the University of Northampton, Professor Walach has researched CAM evaluation and methodology of evaluation. He is currently the co-ordinator of the European Office of the Samuelli Institute, President-Elect of the International Society for Complementary Medical Research and the Editor of the journal *Research in Complementary Medicine*.

Dr Alan Watkins

Dr Watkins is an Integrated Medicine Consultant and an international expert in health and performance. He is a qualified doctor and psychologist with a PhD in immunology. He is currently an Honorary Senior Lecturer in Neuroscience and Psychological Medicine at Imperial College, London working in the corporate field through his organization 'Cardiac Coherence'.

Dr Catherine Zollman

Dr Zollman is a Bristol GP, trustee of the BHMA, Fellow of the Prince of Wales' Foundation for Integrated Health and was selected as the first Bravewell Fellow to train on Andrew Weil's course in Arizona.