



BURSARY FUNDING

DIPLOMA IN THE STUDY OF INTEGRATED MEDICINE

Please help us support our new applicants to fund their IM study

APPLICANTS
NEEDING
SUPPORT ARE:

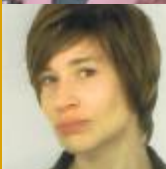
Dr Anna Forbes



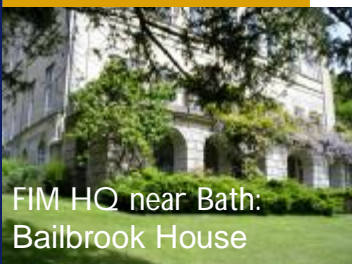
Nurse Premi Bonomally



Dr Tansy Harrison



Nurse Glenys Collings



FIM HQ near Bath:
Bailbrook House

The Integrated Health Trust, the charity behind the Faculty of Integrated Medicine, is seeking bursary awards to support exceptional students who cannot meet the course costs. The following pages feature appeals from students who need our help in order to take up their place on this groundbreaking course that will change their lives, and the lives of their patients in the future.



Some of the doctors and nurses wishing to train at the Faculty of Integrated Medicine have indicated that they will struggle to pay the course fees plus their travel, accommodation for 25 nights and the weekday locum cover they will need to take time out of their practices.

For a doctor, locum cover is payable at £500 per day, and for a nurse this would be circa £200 per day bringing the true cost of doing the course to £19,720 (doctor) and £14,620 for a nurse.

Several young doctors have indicated that they still have large student loans to pay related to their time in medical school, and most nurses' salaries will also make full payment of costs difficult.

Therefore the IHT is fundraising to help students through a bursary scheme and all students who enrol with FIM are being given a pack of fund-raising ideas to help them do their bit. But these are busy people, and financial support from you would make all the difference in the world!

"There is an urgent need for Integrated Medicine training, teaching and research. Predominantly tax based systems, such as Britain's NHS, are particularly vulnerable economically unless new approaches can be found to return people to health with simpler and cheaper holistic strategies."
Professor Karol Sikora, oncologist.

If you would like to support a doctor or nurse through this Diploma please contact AJ Webber on 07595 220003



**DR ANNA
FORBES**

"I now find myself determined to take the time to learn the new skills needed to become a better doctor."



Anna's story

During a four month placement in a large, busy Hepatobiliary Surgical Unit, newly qualified Dr Anna Forbes was "thrown in at the deep end" while her seniors were tirelessly bound to the operating table. Despite not having time to talk to patients (that was considered time-wasting and inefficient) she soon noticed a trend amongst patients that has influenced the course of her career in medicine.

What Anna noticed was a huge variety in outcome for patients. She asked herself: "Why were some of these patients able to walk out within days or weeks, full of promise and a bright future, while others would do so badly, enduring infection upon infection, a multitude of complications and further bouts of surgery with their dreams of recovery and leaving hospital becoming an ever more distant reality?"

At first she thought it was sheer bad luck – or 'fate'. In time an interest in psychology developed and she started making informal observations of these two extreme types of patients: personalities rich in resilience and positivity versus those concocted of anxiety and negativity. Anna was able to predict those that would do well and those who had a rough road ahead. "That was the point that I began to search for a different way of managing patients set apart from medicine's current orthodox practice."

Anna recognises that the mind is a powerful and sensitive instrument and that people need looking after better than the majority of modern doctors manage. "I believe that modern medicine's perceived priorities are misguided and I now find myself determined to take the time to learn the new skills needed to become a better doctor."

FUNDING REQUIREMENT: £9,000

Case for support

"I am deeply committed to the study of Integrated Medicine and, for me, leaving the familiar safety net of conventional medicine in order to undertake this training in IM is not so much a choice as it is a necessity. I feel that I must take this opportunity to develop my potential as a doctor and as a person, along with serving fully my future patients.

"I am passionate about furthering my knowledge of psychology and its application in averting disease and hope to find the path by which to pursue this interest as a speciality over the next two years with FIM. Ultimately I hope to work as an IM consultant, successfully integrating orthodox western medicine and IM and making IM services available to all my patients.

"I graduated from Medical School two and a half years ago with enormous student debts that I am now starting to pay off with my earnings as a locum doctor. In the last year I have trained as a Clinical Hypnotherapist and Pure Hypno-analyst and am setting up my own practice to further my knowledge of psychology and its application in averting disease.

"I have no savings or ability to pay the £9000 fee and hope very much to find help from others that can see my further education as an IM doctor as a worthwhile cause."



PREMI BONOMALLY

"As a solo campaigner one cannot produce results overnight, but with the help of my IM colleagues perhaps we can make a difference to patient care."



Premi's story

Premi is a state registered nurse, the Royal College of Nursing's Complementary Therapies Forum representative and an RCN Executive Board member for the SW region,

In 2000 Premi was nominated and selected to take up a course in Political Leadership by the RCN Complementary Therapies Forum Committee. The policy issue she took forward was that 'Complementary therapies should be accessible to all patients who need them regardless of diagnosis or illness'. The course has provided Premi with great lobbying ability and her policy issue was taken up by her local MP who presented it to the Secretary of State for Health.

She has experience in various hospitals and specialities, including palliative care, and is currently working as nurse/complementary therapist in A/E at a large NHS Trust. "I have a responsibility to patients' care and needs as well as a social responsibility to manage ways of providing care.

"As a solo campaigner one cannot produce results overnight, but with the help of my IM colleagues perhaps we can make a difference to patient care, especially with Lord Darzi's recommendations regarding patient choice and demands of care."

FUNDING REQUIREMENT: £7,000

Case for support

"I urgently need £7,000 to secure my position on what I believe will be a life-changing course and which I know will enable me to change the lives of other people in a very positive way. Please can you help me secure my place on the first course starting in September 2009?"

"Most nurses will find it a struggle to finance this course in full, but I have been able to contribute £2000 of my savings towards it and have been very busy applying for grants and scholarships since I was offered a place. I have applied to many local businesses and four scholarship trusts within the nursing establishment and I await their response..."



**DR TANSY
HARRISON**

"The value of a wider perspective of medicine, health and well-being has been reinforced through my own experience of illness"



Tansy's story

During medical training – both as an undergraduate and since qualifying in 2001 – Tansy was fortunate to be able to combine her interest in CAM and mind-body medicine with conventional medicine.

As a student at Glasgow Homeopathic Hospital, and during electives in homeopathy and Ayurvedic medicine, she was further inspired to pursue a career in that direction and gained much personal insight through her own ongoing medical problems.

When she was diagnosed with multiple sclerosis in 2004, Tansy benefited from what she calls 'genuinely integrative and holistic care' from a number of health professionals and she is determined to combine her own experiences with continued training in both orthodox and CAM approaches to promote individualised care programmes.

By studying the Diploma in the Study of Integrated Medicine Tansy hopes to move into research and further academic study alongside clinical work, and combine these with interests in public health, health-care service design and management.

FUNDING REQUIREMENT: £4,500

Case for support

"The value of a wider perspective of medicine, health and well-being has been reinforced through my own experience of illness and living with chronic health problems – particularly since being diagnosed with multiple sclerosis in 2004. This has meant I have had to reconsider my career plans and focus on offering the subtler and more profound type of medicine which has made such a difference to my own health and well-being.

"But every cloud has a silver lining; I am able to pay for half of the course with my NHS early retirement funds and am now ideally positioned to point myself wholesomely and happily in this new direction.

"I also feel that I will benefit greatly at a personal level with regards to my own health & wellbeing, enabling me to use my own experiences professionally in a positive and productive way."



GLENYS COLLINGS

"If someone funded my place it would be a fantastic validation of all the unpaid hours and personal passion I have put into my career."



Glenys' story

An interest in natural healthcare stirred part-time nurse Glenys to continue her studies and gain a diploma in naturopathy and acupuncture five years ago. Since qualifying she has successfully managed her own clinics and fulfilled her passion - and her clients' need - for a truly integrated service.

At her clinics she is able to focus on the whole person and treat people according to their individual requirements.

"My patients benefit from the best of my knowledge and experience as a conventional nurse and my skills as a therapist to stimulate their own healing potential.

This ties in with her other work at an addiction clinic where she has come up against emotional barriers to healing and is keen to learn more about the mind-body connection—a key element of the Diploma in the Study of IM. This will be beneficial for all her patients.

"The course will build on all of my previous experience and give me more credibility as a practitioner. I am also keen to move the whole field of IM forward within the Royal College of Nursing.

FUNDING REQUIREMENT: £9,000

Case for support

"I believe I can be a part of the change that is needed in health-care management and if someone funded my place it would be a fantastic validation of all the unpaid hours and personal passion I have put into my career."

"I worked part-time as a nurse while raising my three daughters and have since continued my studies, qualifying as a naturopath and acupuncturist, and training to enhance my clinical and business skills to help establish my IM clinic and support my work at an addiction centre.

"My husband is self-employed and unfortunately his business recently suffered substantial financial losses which put our home at risk of repossession. Due to these financial difficulties I am seeking full funding of this course. This in no way undermines my commitment and my belief in my ability to move Integrated Medicine forward."